

RAFAEL H. GUTIERREZ

San Diego, CA 92110

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EDUCATION:

December 2001

Medical Doctorate: St. Matthews School of Medicine.

January 1997

Bachelors of Art and Science, Biology: San Diego State University.

ACADEMIC EXPERIENCE:

August 2021-Present

Adjunct Professor in Anatomy and Physiology, Point Loma Nazarene University, I am scheduled to teach an Anatomy and Physiology lecture and lab to undergraduates in the fall and am going to teach an anatomy and physiology primer for their Physician Assistant Program in the Spring.

August 2019-Present

Zoom Seminars. I have been teaching seminars in elementary Clinical Anatomy and Physiology to various international groups. This includes groups from Japan, South America and other places.

August 2015-May 2019

Adjunct professor (Applied Kinesiology, Nutrition, Martial Arts, Kickboxing), San Diego City College, I have taught sections of Applied Kinesiology, Nutrition, Martial Arts and Kickboxing.

June 2015-January 2017

Adjunct Professor (Anatomy, General Biology) Miramar College, I taught both the lectures and laboratories of Human Anatomy and General Biology.

August 2013-December 2013

Internship, International Shogen Ryu Karate-do kyokai, Okinawa, Japan I studied the history and cultural arts of Okinawa and the old RyuKyu Kingdom while participating in cultural celebrations under the head instructors of the organization. I was also taught to teach two cultural arts celebrated by the Prefecture.

April 2012-May 2013

Lecturer, San Diego State University Doctorate of Physical Therapy program, I assisted in the accreditation process and was interviewed by CAPTE on-site visitor. Duties include teaching the Clinical Anatomy Laboratory with human cadaver dissection, assisted in a practical examination of other classes and harvested the entire spinal cord with nerves and nerve plexus as well as a brain with the pituitary for future courses.

June 2011-May 2013

Professor, Concorde Career College San Diego, I taught Anatomy, Microbiology, and Physiology to Physical Therapy Assistant, Respiratory therapy, and Dental hygiene students. I helped interviewing a professor and aided in accreditation process.

August 2010-May 2011

Adjunct Professor, Palomar College, I taught Human Anatomy and Human Anatomy and Physiology and aided in cadaver dissections.

January 2011-May 2011

Adjunct Professor, Cuyameca College, I taught a General Biology Lecture and Laboratory.

August 2007-December 2010

Adjunct Biology Professor, Grossmont College, I taught Human Physiology, Human Biology, and General Biology as well as holding a session for their Science Fairs.

August 2009- May 2010

Adjunct Biology Professor, MiraCosta College, I taught sections of Human Physiology and General Biology both lectures and labs.

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August 2003-August 2007

Adjunct Biology Professor, Santa Monica College. I taught Human Anatomy, Human Physiology, Human Biology which most included lectures and labs. I formed a “*How to Dissect*” video and plastinated two human hearts, a sheep heart and a dissected cat which was used as a model.

September 2005-May 2007

Adjunct Biology Professor, Pierce College, LACCD. I taught Human Anatomy and General Biology this included both lectures and labs.

January 2005-May 2005

Adjunct Biology Professor, West Los Angeles College, LACCD. I taught Anatomy course which included lecture and lab.

January 2005-May 2006

Adjunct Biology Professor, Orange Coast College. I taught Anatomy and Physiology and aided in Plastination.

January 2004-May 2004

Adjunct Biology Professor, Chaffey College-Fontana center, Fontana, CA. I taught a Human Anatomy and Physiology combination course.

August 2003-May 2004

Adjunct Biology Professor, Santa Ana Community College. I taught Human Anatomy and Physiology combination course and Human Physiology.

January 2003-December 2003

Adjunct Professor (Physician Assistant program and Biology), Riverside Community College-MVC. I lectured on Pathology, Anatomy, Physiology, and Microbiology. Taught course on history and physical examinations. Responsible for sections of Infectious Diseases, Endocrine, Dermatology, Neurology, Oncology, Psychiatry, Geriatrics and Pharmacology.

September 2002-December 2002

Volunteer Assistant (physiology), San Jose State University I assisted in the Upper Division Human physiology lab and lecture under Dan Holley. Was asked to lecture a few times for the class.

January 2001-May 2001

Adjunct Professor (physiology) Evergreen Community College, I taught a human physiology lecture and lab while a professor took a semester off.

OTHER PROFESSIONAL EXPERIENCE

May 2021-Present

Karate instructor, America’s Finest Charter school, I teach Karate to kindergarten to eighth grader students.

May 2014-2020

Dojo Cho I ran a successful school where I taught Okinawan Karate-do with the ethics, history, and philosophy to students of all ages are socioeconomic backgrounds.

January 2019-May 2019

Mentor for Fitness Specialist program, San Diego City College, I mentored an intern aiding them in forming a Seniors fitness program.

October 2011-2016

Karate instructor, America’s Finest Charter, I taught Karate to students in kindergarten to seventh grade.

February 2007-2014

Karate Instructor, Sherman Heights Community center I taught traditional Karate to children.

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PUBLICATIONS/ SEMINARS:

1. *Musculo-skeletal injuries in Martial arts*, San Diego Mesa College Martial arts club, I taught the basics of musculoskeletal injuries for college students. March 2019
2. *Rokushaku Bo*, San Diego Mesa College Martial Arts Club, I was the presenter teaching basics Bo to college students, March 2019
3. *Rokushaku Bo*, Peaceful Warrior Healing Center (Scottsdale, AZ) May 2015 and May 2014
4. *Prevention of infectious diseases*, San Diego City College, I held a FLEX presentation of clinical Microbiology and the prevention of infections, Fall 2016
5. *Clinical Anatomy of the Skeletal system*, Miramar college (SDCCD) I held a FLEX presentation for faculty and students, October 2015
6. *Biology of Aging*, Rubin H Fleet Science Center, August 2015
7. *Breaking points: Using history, Maxims and Modern Science to Understand Kata*, May 2013
8. *Nitten Soji and the prevention of infections* Classical Fighting Arts Vol 2 No 18 Issue 41, Summer 2010
9. *Anatomy of a fist*, Master's Martial Arts Magazine, Fall 2009
10. *Novel approach to teaching Anatomy and Physiology using the Human Skeletal system*, UCSD TeacherTECH program. Taught Anatomy and Physiology teacher new methods and experiments to aid them in their class. March 2008
11. *Anatomy of a Fist*, Grossmont College I prepared student to Present data comparing traditional martial arts fist with that of modern sports. We looked at clinical data, gross anatomy, and histology to determine how safe each was. November 2007
12. *Musculoskeletal biology of Martial Arts seminar*, Okinawan Karate Kobudo Doukokuai Seminar on musculoskeletal biology as used in Martial arts. This was a seminar looking at relevant biology in martial arts to avoid injury. June 2007, July 2007
13. *Dissection techniques: DVD*, copyright 2005, Santa Monica College, Department of Anatomy; This video is formed to teach the art of blunt dissection for exposure this technique is used in surgeries to avoid damage damaging structures and used by students in cat dissections. August 2005

ACTIVITIES:

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| 2010-2019 | Volunteer Japanese Friendship Garden Balboa Park, San Diego |
| 2011-2019 | America's Finest Charter School board member |
| 2011 | Karate Dojo license: Okinawa Shogen-Ryu Karate-Do Association |
| 2007-2010 | Human Anatomy and Physiology Society Member |
| 2007-2008 | American Anatomist Association Member |
| 2007 | Red Cross Local Volunteer (2007 San Diego fires) |
| 2004-2007 | Big Brother for Big Brothers Big Sisters of Greater Los Angeles area |
| 2007 | Little Tokyo's Arigato Bazaar Karate Demonstrations |
| 2007 | Little Tokyo's Cherry Blossom Festival Karate-do Demonstration (Main Stage) |
| 2007 | FLEX-Day presenter, Santa Monica College: Creative research ideas for community college. |
| 2007 | Okinawan Association of America New Year's celebration participant, Karate-do Demonstration. |