



## Matthieu Rouffet

### CHE1003: Introduction to Chemistry CHE4095: Capstone Seminar

---

*Christian Practice in the Higher Education Classroom is described as incorporating instructional spiritual practices into one's course for the purpose of cultivating Godly reflection and practice in academic life.*

---

#### Christian Practice:

##### *Devotional Reading - Community*

**CHE 1003:** Freshmen pre-nursing / nutrition / physical therapy students take this course. Stress levels and competitiveness are high, so I purposefully incorporate a time of Devotional Reading into class time.

This is a Team-Based Learning course, which means I keep students in permanent teams. At the start of class, I ask a team to select one member to bring a Scripture verse to read to the class as a whole. Afterward, I pray for my students. In class, we discuss how this Christian practice of devotional reading allows us to understand the power and role of Scripture as a daily guide in the midst of our busy lives, as well as how it provides peace when worldwide issues cause us to be concerned. Working in permanent teams is also a practice that helps students learn to care for each other in community.

**CHE 4095:** Seminar capstone course taken by seniors in the spring.

My students and I share a home cooked meal together once a week, and we use this time to converse about relevant issues. This practice allows my students to appreciate the importance of sharing a simple meal with others as a way to be intentional about building Christian community.



Center for Teaching and Learning  
3900 Lomaland Drive  
San Diego, CA 92106



619-849-2965



ctl@pointloma.edu



ctl.pointloma.edu