Christian Practice in the Higher Education Classroom is described as incorporating instructional spiritual practices into one’s course for the purpose of cultivating Godly reflection and practice in academic life.

Christian Practice:

Devotional Reading - Community

**CHE 1003:** Freshmen pre-nursing / nutrition / physical therapy students take this course. Stress levels and competitiveness are high, so I purposefully incorporate a time of Devotional Reading into class time.

This is a Team-Based Learning course, which means I keep students in permanent teams. At the start of class, I ask a team to select one member to bring a Scripture verse to read to the class as a whole. Afterward, I pray for my students. In class, we discuss how this Christian practice of devotional reading allows us to understand the power and role of Scripture as a daily guide in the midst of our busy lives, as well as how it provides peace when worldwide issues cause us to be concerned. Working in permanent teams is also a practice that helps students learn to care for each other in community.

**CHE 4095:** Seminar capstone course taken by seniors in the spring.

My students and I share a home cooked meal together once a week, and we use this time to converse about relevant issues. This practice allows my students to appreciate the importance of sharing a simple meal with others as a way to be intentional about building Christian community.