

Responses to *Many* Situations are Based on Mindset

	Fixed Mindset Response	Growth Mindset Response
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Challenges	<i>Avoid</i>	<i>Embrace</i>
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Obstacles	<i>Give up easily</i>	<i>Persist</i>
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Tasks requiring effort	<i>Fruitless to Try</i>	<i>Path to mastery</i>
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Criticism	<i>Ignore it</i>	<i>Learn from it</i>
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Success of Others	<i>Threatening</i>	<i>Inspirational</i>
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